

January

2026



CENTER INFORMATION

56 Jam House Road, Mifflin, PA 17058

Hours: 8:00 a.m. – 1:30 p.m.

717-436-6847

4seasonsctr@mymjrsc.com

Center Manager: Jody Ehrisman

FOUR SEASONS SENIOR COMMUNITY CENTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH IS SERVED MONDAY-FRIDAY 11:30 a.m.				
			1 CENTER CLOSED	2 10am Exercise 11am Lunch & Movie
5 10am Exercise 11am Game Day	6 9:00am-11:00am Chair Volleyball 12pm Wii Bowling	7 10am Exercise 11am Bingo	8 9am Dominos 10am-1pm Card Game Day	9 10am Exercise 11am CPRS
12 10am Exercise 11am Game Day	13 9:00am-11:00am Chair Volleyball 12pm Wii Bowling	14 10am Exercise 11am Puzzles	15 9am Dominos 10am-1pm Card Game Day	16 10am Exercise 11am Hearing Things
19 CENTER CLOSED	20 9:00am-11:00am Chair Volleyball 12pm Wii Bowling	21 10am Exercise 11am Megan W/Villa	22 9am Dominos 10am-1pm Card Game Day	22 10am Exercise 11am Free Lunch
26 10am Exercise W/Val 11am Game Day	27 9:00am-11:00am Chair Volleyball 12pm Wii Bowling	28 9:30am Center Meeting 10am Exercise	29 9am Dominos 10am-1pm Card Game Day	30 9am nursing students 10am Exercise 11am B/P checks w/Sara