

# March

2026



## CENTER INFORMATION

56 Jam House Road, Mifflin, PA 17058

Hours: 8:00 a.m. – 1:30 p.m.

717-436-6847

[4seasonsctr@mymjrsc.com](mailto:4seasonsctr@mymjrsc.com)

Center Manager: Jody Ehrisman

## FOUR SEASONS SENIOR COMMUNITY CENTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 10am Exercise  11am Ted talks  <b>Banana Cream Pie Day</b>	3 <b>9:00am-11:00am</b> <b>Chair Volleyball</b>  12pm Wii Bowling	4 10am Exercise  11am Bingo Family Care	5 9am Dominos  10am-1pm Card Game Day	6 10am Exercise  11am CPRS  Nutrition visits W/Kayla
9 10am Exercise  11am Game Day  <b>Fanny Pack Day</b>	10 <b>9:00am-11:00am</b> <b>Chair Volleyball</b>  12pm Wii Bowling	11 10am Exercise  11am Scam Prevention	12 9am Dominos  10am-1pm Card Game Day	13 10am Exercise  <b>12pm Men's Club</b>
16 10am Exercise W/Val  11am Phoenix Rehab	17 <b>9:00am-11:00am</b> <b>Chair Volleyball</b>  12pm Wii Bowling	18 10am Exercise  11am Puzzles	19 9am Dominos  10am-1pm Card Game Day	20 10am Exercise  First Day of Spring  <b>6pm Jam Session</b>
23 10am Exercise  11am Wheel of Fortune	24 <b>9:00am-11:00am</b> <b>Chair Volleyball</b>  12pm Wii Bowling	25 9:30am Center Meeting  10am Exercise	26 9am Dominos  10am Spring Painting Party	27 10am Exercise  11am B/P checks w/Sara  <b>12pm Ladies Club</b>
30 10am Exercise  11am Wii Games  <b>Take a walk day</b>	31 <b>9:00am-11:00am</b> <b>Chair Volleyball</b>  12pm Wii Bowling			<b>LUNCH IS SERVED                      MONDAY-FRIDAY                      11:30 a.m.</b>