



**JUNE 8<sup>TH</sup> TO JUNE 12<sup>TH</sup>**



**MJRSC—THE  
CARE NETWORK**

Regional Services  
Area Agency on Aging  
Call a Ride Services

MIFFLIN JUNIATA AREA AGENCY ON AGING, INC.  
25 ROTHERMEL DRIVE  
YEAGERTOWN, PA 17099 | 717-242-0315

MIFFLIN-JUNIATA AREA AGENCY ON AGING, INC.  
25 ROTHERMEL DRIVE  
YEAGERTOWN, PA 17099

KEEP THIS PAGE

**ELIGIBILITY:**

Mifflin & Juniata County residents who are 55 years of age or older may participate in the Mifflin-Juniata Area Agency on Aging Senior Games. Eligibility is determined by your age as of June 8<sup>th</sup>, 2026. Standard age categories for the games event will be Ages 55-69, Ages 70-79, and 80+.

**REGISTRATION:**

▶ **THE \$10 REGISTRATION FEE IS DUE WHEN THIS APPLICATION IS SUBMITTED.**

**MAKE CHECKS PAYEABLE TO MJAAA, Inc.**

Applications may be mailed or dropped off between 8am-4pm at MJRSC-The Care Network (25 Rothermel Drive, Yeagertown PA 17099) to Lynkala Zaluski or Beth Harlan. Payment may be made by check, money order, or cash (correct cash amount only, please). **MAKE CHECKS & MONEY ORDERS OUT TO MJAAA, INC.**

**GENERAL INFORMATION:**

**THERE WILL BE NO RAIN DATES.**

Rules & Regulations will be explained prior to each event. Participants must know how to play the card games prior to the start of the events. The Senior Games Committee reserves the right to consolidate or cancel any competition/event. Breakfast will be served on Opening Day, June 8<sup>th</sup>, please take one portion per person until it is announced we have extra. Danny’s BBQ Food Truck will be at Body & Soul opening day, June 8<sup>th</sup>, from 11:30AM-12:30PM. All participants will receive a Meal Discount Ticket that will cover half of their meal cost, participants will pay \$7.00 each for lunch to the food truck.

**★SENIOR GAMES AWARD BANQUET★**

▶ **TO ATTEND THE BANQUET THE COST IS \$15 PER PERSON, PLEASE INCLUDE THIS WITH YOUR REGISTRATION FEE.**

The banquet will be held at The Garlind (716 Swamp Road, Mifflintown PA 17059) on Thursday June 25<sup>TH</sup>, 2026, at 11:30AM. **Deadline for banquet reservations and banquet payment is May 22<sup>ND</sup>, 2026.**

**BANQUET PAYMENTS WILL BE NON-REFUNDABLE.**

**THANK YOU TO OUR 2026 SPONSORS, SENIOR GAMES COMMITTEE, & ALL OUR PARTICIPANTS FOR MAKING THE LAST 40 YEARS OF THE SENIOR GAMES POSSIBLE!**

**★2026 SENIOR GAMES SPONSORS★**

<p><b><u>PLATINUM</u></b> Geisinger Health System Encompass Health Rehabilitation Hospital of Nittany Valley</p>	<p><b><u>GOLD</u></b> PA Central Federal Credit Union</p>
<p><b><u>SILVER</u></b> Helping Hands of Juniata County Juniata Valley Tri County Drug &amp; Alcohol Abuse Commission JP Edwards Nittany Paper LLC Valley View Retirement Community Phoenix Physical Therapy</p>	<p><b><u>BRONZE</u></b> One Stop Communications First Area Federal Credit Union Juniata Valley YMCA Standard Steel, LLC. Wray’s Landscaping Inc. Trinity Plastics Inc. Rotary Club of Lewistown Big Valley Prints &amp; Co.</p>
<p><b><u>FRIEND</u></b> Miller Cinema Juniata Valley Bank Warehouse 13 Consignment Shop MCS Bank Bloom Hair Company LLC Eli’s Landscaping &amp; Services LLC Twin Kiss Fayette Lions Club</p>	

★SPECIAL THANKS★

To Body & Soul Community Center, Juniata Valley YMCA, Lewistown Florist, McVeytown EMS, Lewistown Lanes, Big Valley Prints & Co., Little Valley Presbyterian Church, Brannon's Port-A-Pots, Harshbarger's Sub-N-Malt, Danny's BBQ, Hartley's Potato Chips, & ALL our Volunteers!

REGISTRATION FORM
40TH ANNUAL SENIOR GAMES
JUNE 8TH TO JUNE 12th, 2026

OFFICE USE ONLY

PD \$ \_\_\_\_\_
CASH \_\_\_\_\_ CHK# \_\_\_\_\_

INSTRUCTIONS: Fill in BOTH SIDES of this form & return them with your \$10.00 Registration Fee (& \$15.00 Banquet Fee if attending). Payment can be made in check, money order, and cash (exact cash change only, please).

MAKE CHECKS/MONEY ORDERS OUT TO MJAAA, Inc. (25 Rothermel Dr., Yeagertown PA 17099).

REGISTRATION DEADLINE IS MAY 22ND, 2026.

NAME: \_\_\_\_\_ GENDER: M \_\_\_\_\_ F \_\_\_\_\_
LAST FIRST MIDDLE INITIAL

ADDRESS: \_\_\_\_\_
STREET TOWN STATE ZIP CODE TOWNSHIP

TELEPHONE #: \_\_\_\_\_ BIRTHDATE: \_\_\_\_\_ AGE OS OF 6/8/26: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_ DID YOU RECEIVE THIS APPLICATION IN THE MAIL? Y \_\_\_\_\_ N \_\_\_\_\_

RELEASE AND WAIVER OF LIABILITY

I, the undersigned, do hereby release and discharge and agree to hold harmless, the Mifflin-Juniata Area Agency on Aging, Inc., Juniata Valley YMCA, Body and Soul Community Center and all organizations affiliated with this program. All demands, actions, causes of actions, judgments, executions, and claims of whatsoever kind and nature for any and all personal injuries, known or unknown, and an injury to, loss of or damage to property caused by, or arising out of the said Senior Games or my participation therein.

I, the undersigned, have read this release and liability wavier and understand all its terms.

I warrant and represent that I am in good physical health and condition and can compete in the events that I have selected. I know of no physical restrictions whatsoever which would prohibit my participation in the events that I have selected.

The Senior Games Committee has my permission to have a physician attend to me if it is deemed necessary for my health, welfare and safety.

The Senior Games Committee strongly recommends that each participant consults his/her own doctor regarding practice, preparation, and competition in this program or similar activity.

PRINT NAME: \_\_\_\_\_ DATE: \_\_\_\_\_ SIGNATURE: \_\_\_\_\_

CONSENT TO BE PHOTOGRAPHED

I hereby consent to allow my picture or likeness to appear in any official document, sponsor advertisement, or other coverage of the MJAAA Senior Games in any manner incidental to my participation without compensation to me.

PRINT NAME: \_\_\_\_\_ DATE: \_\_\_\_\_ SIGNATURE: \_\_\_\_\_

EMERGENCY CONTACT

NAME: \_\_\_\_\_ PHONE #: \_\_\_\_\_ RELATION: \_\_\_\_\_

MEDICATIONS: (NAME & DOSE AMOUNT)

\_\_\_\_\_
\_\_\_\_\_
\_\_\_\_\_
\_\_\_\_\_

↓ PLEASE COMPLETE & RETURN THIS FORM ↓

### SENIOR GAMES SHIRT

CIRCLE T-SHIRT SIZE: S M L XL 2XL 3XL

**PLEASE INDICATE WHAT LOCATION & DATE YOU WILL BE PICKING UP YOUR T-SHIRT:**

**4 Seasons Senior Center**

\_\_\_\_\_ Tuesday, June 2<sup>ND</sup> from 10AM-12PM

\_\_\_\_\_ Thursday, June 4<sup>TH</sup> from 10AM-12PM

**Lewistown Senior Center**

\_\_\_\_\_ Tuesday, June 2<sup>ND</sup> from 10AM-12PM

\_\_\_\_\_ Thursday, June 4<sup>TH</sup> from 10AM-12PM

*If the above time will **NOT** work for you, T-shirts will also be available for pick-up on Opening Day at Body & Soul Community Center (205 Chestnut Ridge Rd., McVeytown, PA) on June 8<sup>th</sup> at Check In of the games.*

**T-SHIRTS WILL NOT BE AVAILABLE FOR PICK-UP AT THE MIFFLIN-JUNIATA AREA AGENCY ON AGING OFFICE (25 ROTHERMEL DR., YEAGERTOWN, PA 17099).**

### OPENING DAY MEALS – JUNE 8<sup>TH</sup>

**PLEASE CHECK WHICH MEALS YOU WILL BE ATTENDING BELOW.**

**BREAKFAST:**

Please take one portion per person until it is announced we have extra. - **FREE**

Sheetz Breakfast Sandwiches

**LUNCH:**

Danny's BBQ Food Truck - **\$7 per Senior Games Participant w/ Meal Discount Ticket**

Brisket Sandwich or Pulled Pork Sandwich (Choice of 1)

Mac & Cheese, Baked Beans, or Seasoned Potatoes (Choice of 1)

### **★SENIOR GAMES AWARD BANQUET★**

► **TO ATTEND THE BANQUET THE COST IS \$15 PER PERSON, PLEASE INCLUDE THIS WITH YOUR REGISTRATION FEE.**

The banquet will be held at The Garlind (716 Swamp Road, Mifflintown PA 17059) on Thursday June 25<sup>TH</sup>, 2026, at

11:30AM. **Deadlines for banquet reservations and banquet payment is May 22<sup>ND</sup>, 2026.**

**BANQUET PAYMENTS WILL BE NON-REFUNDABLE.**

\_\_\_\_\_ **# OF GUESTS ATTENDING THE BANQUET** (PLEASE INCLUDE PAYMENT FOR EACH GUEST WITH REGISTRATION)

**BANQUET FOOD MENU:** Pasta Bar (Spaghetti or Penne Pasta w/ Marinara or Alfredo sauce with choice of Meatballs or Chicken), Side Salad, Garlic Bread, and Baby Cakes (Ice Cream Cake) for dessert. Choice of Tea (Sweet/Unsweet), Lemonade, or Water.

### CARS TRANSPORTATION

***If you need transportation for the Senior Games, please contact Call-A-Ride-Service (CARS) directly at least ONE DAY in advance! Senior Game Participants aged 60 or older that are registered with CARS will ride at no cost to the events scheduled June 8<sup>TH</sup>-12<sup>TH</sup>, 2026. You must be registered with the CARS Office prior to the Senior Games if you need transportation.***

**CARS DIRECT NUMBER (717) 242-2277**

↓ PLEASE COMPLETE & RETURN THIS FORM ↓

## GAME REGISTRATION FORM

CHECK ALL EVENTS YOU WISH TO PARTICIPATE IN

(EVENTS ARE SUBJECT TO CHANGE)

### **MONDAY – JUNE 8<sup>TH</sup> : OPENING DAY @ BODY & SOUL COMMUNITY CENTER**

(205 CHESTNUT RIDGE RD., MCVEYTOWN PA 17051)

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> BINGO (Café)            | <input type="checkbox"/> BUCKETBALL     | <input type="checkbox"/> CORNHOLE TOSS                                   |
| <input type="checkbox"/> FOOTBALL THROW          | <input type="checkbox"/> LADDER GOLF    | <input type="checkbox"/> SOCCER KICK                                     |
| <input type="checkbox"/> SOFTBALL HIT THE BARREL | <input type="checkbox"/> SOFTBALL THROW | <input type="checkbox"/> YARD DICE (YAHTZEE)                             |
| <input type="checkbox"/> SKEE-BALL               | <input type="checkbox"/> BOCCE BALL     | <input type="checkbox"/> PITCH AND PUTT GOLF                             |
|  |   | <b><u>TRACK/WALKING</u></b>  |
|  |   | <input type="checkbox"/> MILE HIKE <input type="checkbox"/> 50 YARD DASH |

### **TUESDAY – JUNE 9<sup>TH</sup>**

(LEWISTOWN SR. CENTER : 515 KNEPP AVE., LEWISTOWN) (4 SEASONS SR. CENTER : 56 JAM HOUSE RD., MIFFLIN)

(LEWISTOWN LANES : 1101 W. 4<sup>TH</sup> ST., LEWISTOWN)

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> HAND & FOOT (4 SEASONS CTR) | <input type="checkbox"/> PINOCHLE (LEWISTOWN CTR)                | <b>Wii BOWLING</b>                     |
|  |  | <input type="checkbox"/> LEWISTOWN CTR |
|  |  | <input type="checkbox"/> 4 SEASONS CTR |
|  | <b>BOWLING (LEWISTOWN LANES)</b>                                 |  |
|  | SCORED ODD & EVEN  |  |
|  | <input type="checkbox"/> 10:00AM <input type="checkbox"/> 1:00PM |  |

### **WEDNESDAY – JUNE 10<sup>TH</sup>**

(LEWISTOWN SR. CENTER : 515 KNEPP AVE., LEWISTOWN) (4 SEASONS SR. CENTER : 56 JAM HOUSE RD., MIFFLIN)

(JUNIATA VALLEY YMCA : 105 1<sup>ST</sup> ST., BURNHAM)

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> PAINT PARTY BY JUDY (4 SEASONS CTR) WOODEN BARN QUILT | <input type="checkbox"/> SHUFFLE PUCK (LEWISTOWN CTR) | <input type="checkbox"/> PUZZLE CHALLENGE (LEWISTOWN CTR) |
|  | <input type="checkbox"/> RUMMIKUB (LEWISTOWN CTR)     | <b>PICKLEBALL (YMCA)</b>                                  |
|  |   | <input type="checkbox"/> BEGINNER                         |

### **THURSDAY – JUNE 11<sup>TH</sup>**

(4 SEASONS SR. CENTER : 56 JAM HOUSE RD., MIFFLIN) (JUNIATA VALLEY YMCA : 105 1<sup>ST</sup> ST., BURNHAM)

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> BASKETBALL FOUL SHOOTING (YMCA) | <input type="checkbox"/> CHAIR VOLLEYBALL (YMCA) | <b>Wii BOWLING</b>                     |
| <input type="checkbox"/> CORNHOLE TOURNAMENT (YMCA)      | <input type="checkbox"/> TABLE TENNIS (YMCA)     | <input type="checkbox"/> 4 SEASONS CTR |
|  |  | <input type="checkbox"/> LEWISTOWN CTR |

### **FRIDAY – JUNE 12<sup>TH</sup>**

(LEWISTOWN SR. CENTER : 515 KNEPP AVE., LEWISTOWN) (JUNIATA VALLEY YMCA : 105 1<sup>ST</sup> ST., BURNHAM)

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> WATER VOLLEYBALL (YMCA)       | <input type="checkbox"/> PAINT PARTY BY JUDY (LEWISTOWN CTR) CANVAS LANDSCAPE | <input type="checkbox"/> DARTS (LEWISTOWN CTR) |
| <input type="checkbox"/> 25 YARD SWIM FREESTYLE (YMCA) | <input type="checkbox"/> FIVE CROWNS (LEWISTOWN CTR)                          |  |

↓ PLEASE COMPLETE & RETURN THIS FORM ↓

### PAINT PARTIES BY JUDY

We will host two painting parties as a part of this year's senior games. There is no additional cost to attend, please choose whatever location and time is most convenient for you. Pictured below is what will be painted at each location's event, please check which location(s) you will join in on the fun!

- Lewistown Senior Center, June 12th @ 10AM**  
(515 Knepp Ave., Lewistown PA 17044)  
**CANVAS LANDSCAPE**



- 4 Seasons Senior Center, June 10th @ 10AM**  
(56 Jam House Rd., Mifflin PA 17058)  
**WOODEN BARN QUILT**



 ★ **SCHEDULE OF EVENTS** ★ 

**Monday, June 8<sup>th</sup> 2026**

**Opening Day - Body & Soul Community Center (205 Chestnut Ridge Rd., McVeytown PA 17051)**

- 8:00AM – 9:00AM Registration & Breakfast
- 9:15AM – 10:00AM Opening Ceremony & Lighting of the Torch
- 10:00AM – 11:00AM Bingo (Café)
- 10:00AM – 11:30AM Health Fair (Gymnasium)
- 10:15AM – 11:30AM Field Games
- 11:30AM – 12:30PM LUNCH (Danny's BBQ Food Truck)
- 12:30PM – 1:30PM Cake Cutting Ceremony & Basket Raffle (Gymnasium)
- 1:45PM – 3:00PM Field Games
- 2:00PM – 3:00PM Bingo (Café)

**Tuesday, June 9<sup>th</sup> 2026**

- 9:00AM – 11:00AM Hand & Foot Game – 4 SEASONS CTR (56 JAM HOUSE RD., MIFFLIN PA 17058)
- 9:00AM – 11:00AM Pinochle – LEWISTOWN CTR (515B KNEPP AVE., LEWISTOWN PA 17044)
- 10:00AM Bowling (Scored Odd & Even) – LEWISTOWN LANES (1101 W. 4<sup>TH</sup> ST., LEWISTOWN PA 17044)
- 1:00PM Bowling (Scored Odd & Even) – LEWISTOWN LANES (1101 W. 4<sup>TH</sup> ST., LEWISTOWN PA 17044)
- 2:00PM – 3:30PM Wii Bowling – 4 SEASONS CTR (56 JAM HOUSE RD., MIFFLIN PA 17058)
- 2:00PM – 3:30PM Wii Bowling – LEWISTOWN CTR (515B KNEPP AVE., LEWISTOWN PA 17044)

**Wednesday, June 10<sup>th</sup> 2026**

- 8:00AM – 10:00AM Pickleball Beginners – JUNIATA VALLEY YMCA (105 1<sup>ST</sup> ST., BURNHAM)
- 9:00AM – 10:00AM Shuffle Puck – LEWISTOWN CTR (515B KNEPP AVE., LEWISTOWN PA 17044)
- 10:00AM Paint Party by Judy – 4 SEASONS CTR (56 JAM HOUSE RD., MIFFLIN PA 17058)
- 11:00AM – 1:00PM Puzzle Challenge – LEWISTOWN CTR (515B KNEPP AVE., LEWISTOWN PA 17044)
- 1:30PM – 3:30PM Rummikub – LEWISTOWN CTR (515B KNEPP AVE., LEWISTOWN PA 17044)

**Thursday, June 11<sup>th</sup> 2026**

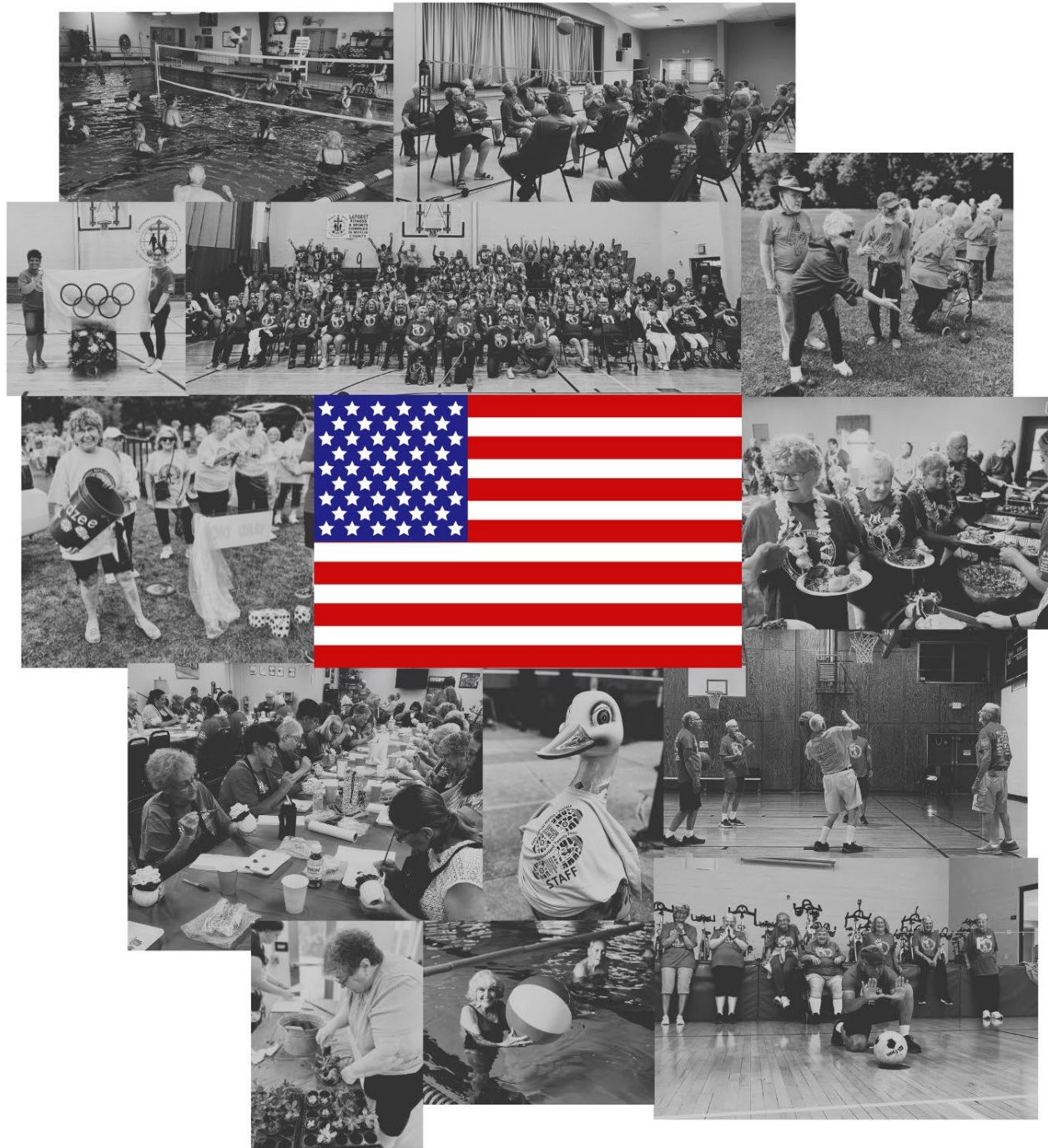
- 8:00AM – 9:30AM Basketball – JUNIATA VALLEY YMCA (105 1<sup>ST</sup> ST., BURNHAM)
- 8:00AM-9:30AM Table Tennis – JUNIATA VALLEY YMCA (105 1<sup>ST</sup> ST., BURNHAM)
- 9:30AM – 11:30AM Chair Volleyball – JUNIATA VALLEY YMCA (105 1<sup>ST</sup> ST., BURNHAM)
- 12:30PM – 2:30PM Cornhole Tournament – JUNIATA VALLEY YMCA (105 1<sup>ST</sup> ST., BURNHAM)
- 2:30PM – 3:30PM Wii Bowling – 4 SEASONS CTR (56 JAM HOUSE RD., MIFFLIN PA 17058)
- 2:00PM – 3:30PM Wii Bowling – LEWISTOWN CTR (515B KNEPP AVE., LEWISTOWN PA 17044)

**Friday, June 12<sup>th</sup> 2026**

- 10:00AM Paint Party by Judy – LEWISTOWN CTR (515B KNEPP AVE., LEWISTOWN PA 17044)
- 11:00AM – 11:30AM Darts – LEWISTOWN CTR (515B KNEPP AVE., LEWISTOWN PA 17044)
- 12:30PM-1:30PM 25 Yard Swim Freestyle- JUNIATA VALLEY YMCA (105 1<sup>ST</sup> ST., BURNHAM)
- 1:30PM – 3:30PM Water Volleyball – JUNIATA VALLEY YMCA (105 1<sup>ST</sup> ST., BURNHAM)
- 1:30PM-3:30PM Five Crowns – LEWISTOWN CTR (515B KNEPP AVE., LEWISTOWN PA. 17044)

# 40 YEARS...

THANK YOU TO ALL OUR MIFFLIN & JUNIATA OLDER ADULTS, VOLUNTEERS, GAMES COMMITTEE, STAFF, & COMMUNITY PARTNERS!  
THE LAST 40 YEARS WOULDN'T HAVE BEEN AS AMAZING & SUCCESSFUL WITHOUT EACH OF YOU!



**MIFFLIN JUNIATA SENIOR GAMES**  
**"WHERE FRIENDS COMPETE & COMMUNITIES THRIVE!"**

KEEP THIS PAGE