

# May

# 2026



## CENTER INFORMATION

56 Jam House Road, Mifflin, PA 17058

Hours: 8:00 a.m. – 1:30 p.m.

717-436-6847

[4seasonsctr@mymjrsc.com](mailto:4seasonsctr@mymjrsc.com)

Center Manager: Jody Ehrisman

## FOUR SEASONS SENIOR COMMUNITY CENTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>LUNCH IS SERVED MONDAY-FRIDAY 11:30 a.m.</b>				1 10am Exercise  <b>11am CPRS</b>
4 10am Exercise  <b>11am Game Day</b>	5 <b>9:00am-11:00am Chair Volleyball</b>  12pm Wii Bowling	6 10am Exercise  <b>1pm Senior Expo Set-up</b>	7 <b>9am-1pm Senior Expo</b>  10am-1pm Card Game Day	8 10am Exercise  11am Puzzles
11 10am Exercise  <b>11am Mother's Day</b>	12 <b>9:00am-11:00am Chair Volleyball</b>  12pm Wii Bowling	13 10am Exercise  11am Puzzles	14 9am Dominos  10am-1pm Card Game Day	15 10am Exercise  <b>Men's Club</b>  <b>6pm Jam Session</b>
18 <b>10am Exercise W/Val</b>  <b>11am Wheel of Fortune</b>	19 <b>9:00am-11:00am Chair Volleyball</b>  12pm Wii Bowling	20 10am Exercise  <b>Ladies Club</b>	21 9am Dominos  10am-1pm Card Game Day  <b>10am Stroke Presentation</b>	22 10am Exercise  <b>11am B/P checks w/Sara</b>
25  <b>CLOSED MEMORIAL DAY</b>	26 <b>9:00am-11:00am Chair Volleyball</b>  12pm Wii Bowling	27 9:30am Center Meeting  10am Exercise	28 9am Dominos  10am-1pm Card Game Day	29 10am Exercise  11am Games