

MAY 2026



INFORMATION

Open to adults 55+ in Mifflin and Juniata Counties
To pre-register contact:

Beth Harlan
717-320-8367
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CENTERS IN MOTION				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	4-Seasons Sr. Center 56 Jam House Rd. Mifflin, PA. 17058	Lewistown Sr. Center 515B Knepp Ave. Lewistown, PA. 17044	Cedar Grove BIC Church 287 Deerville Rd., Mifflintown, PA. 17059	1
4 Lewistown Sr. Center CASH BINGO <i>Benefits the Lewistown Sr. Center and Centers in Motion</i> 4pm-Kitchen Opens 5pm-Bingo Starts	5	6	7 SENIOR EXPO <i>Hosted by 4-Seasons Sr. Center & Centers in Motion</i> Cedar Grove BIC Church 9AM-1PM	8
11	12	13	14	15
18	19	20	21 4-Seasons Sr. Center <i>Heart and Stroke Symptoms Presentation</i> 10AM-11:30AM	22 Lewistown Sr. Center <i>Heart and Stroke Symptoms Presentation</i> 10AM-11:30AM
25 OFFICE CLOSED HOLIDAY	26	27	28	29

