

July 2026



CENTER INFORMATION

56 Jam House Road, Mifflin, PA 17058

Hours: 8:00 a.m. – 1:30 p.m.

717-436-6847

4seasonsctr@mymjrsc.com

Center Manager: Jody Ehrisman

FOUR SEASONS SENIOR COMMUNITY CENTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH IS SERVED MONDAY-FRIDAY 11:30 a.m.		1 10am Exercise 11am Holiday Celebration	2 9am Dominos 10am-1pm Card Game Day	3 Center Closed
6 10am Exercise 11am Games	7 9:00am-11:00am Chair Volleyball 12pm Wii Bowling	8 Center Outing Big Steam Train	9 9am Dominos 10am-1pm Card Game Day	10 10am Exercise 11am B/P Check
13 10am Exercise 11am MJAAA/PA Medi	14 9:00am-11:00am Chair Volleyball 12pm Wii Bowling	15 10am Exercise 11am Amanda /UPMC	16 9am Dominos 10am-1pm Card Game Day	17 10am Exercise 11am Wii Games
20 10am Exercise W/Val 11am Wii Games	21 9:00am-11:00am Chair Volleyball 12pm Wii Bowling	22 10am Exercise 11am Bingo FCCY	23 9am Dominos 10am-1pm Card Game Day	24 10am Exercise Cruise-in Saturday
27 10am Exercise 11am Games	28 9:00am-11:00am Chair Volleyball 12pm Wii Bowling	29 10am Exercise 9:30am Center Meeting	30 9am Dominos 10am-1pm Card Game Day	31 10am Exercise 11am Free Lunch